



# DELGADO TENNIS

[WWW.DELGADOTENNIS.CO.UK](http://WWW.DELGADOTENNIS.CO.UK)

## Meet The Team

Starting in April 2024 the Delgado Tennis coaching team at Braywick Leisure Centre will now be led by our three full time senior coaches Jack Biddle, Ellis Delgado and Michael Jarvis.

We have been working hard over the last few terms to build a strong team to ensure that you all have a senior team committed full time to all our sessions here at Braywick Leisure Centre and we are delighted to confirm the following:



Jack Biddle

*Jack Biddle*

Jack is already an integral part of our team who is currently leading all Junior termtime and holiday coaching and will continue to lead all these sessions. Jack is also relaunching our invitational Delgado Tennis Academy and will be the main contact for all players wanting to progress further through our coaching and competitive pathway.



Ellis Delgado

*Ellis Delgado*

Ellis has been a part time coach at Delgado Tennis for over 4 years and joins Delgado Tennis as a full time senior coach in April 2024 to deliver all levels of coaching including all our term time courses and holiday camps.



Michael Jarvis

*Michael Jarvis*

As a senior coach Michael will continue to deliver all levels of our coaching and he has been an inspirational member of our senior team which has led to our participation numbers growing since he started with us in May 2023.

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### TELL A FRIEND

Recommend a friend to any of our Hitters courses and get £50 towards your next holiday camp

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### CAMPS

Join our Easter camp. Half day and full days available.  
First week:  
02/04 - 05/04  
Second week:  
08/04 - 11/04

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### PRIVATE LESSONS

Delgado Tennis offer individual and group private lessons to develop your game further.

## DELGADO TENNIS ACADEMY

Delgado Tennis have set up three new Junior Academy classes starting after the Easter half term. The purpose of the academy is to provide a pathway for players who are showing an aptitude for tennis and require an increased challenge. The academy is on an invitational basis and your coach will advise if your child is ready to move to the Academy level. We are delighted that we have 17 children who will move to our Academy level.

Coach Jack will be running the bulk of the academy sessions. Jack is passionate about games-based coaching. This form of coaching focuses on teaching the tactics of tennis whilst also developing technique, movement, and fitness. Jack has ambitions for all academy players to be competing in the box league for the summer term and he will be picking players to compete against other clubs. More information will be out for these matches when they are confirmed.

Any queries about our junior academy please contact Jack – [jbiddle@livingtennis.co.uk](mailto:jbiddle@livingtennis.co.uk)

### Jack's Top tip FOR MINI REDS:

*"Move your feet and you will hit it sweet, stay on your toes and don't pick your nose".*

### Jamie Delgado's top tip:

Delgado Tennis Director Jamie Delgado has been the full-time coach to world number 12, Grigor Dimitrov since December 2022. Dimitrov recently competed in the Indian Wells Masters tournament. He reached the round of 16. The tournament was won by Carlos Alcaraz for the men's side and Iga Świątek for the women's side. The pro players now turn their attentions to the clay season as the French open approaches.

Jamie Delgado was Andy Murrays full time coach from 2016 – 2022. As you are probably aware, Andy won two Wimbledon titles, an Olympic Gold medal and was once world number 1. Andy was also in the 'big four rival' with Novak Djokovic, Rafael Nadal, and Roger Federer. These are some of the greatest players to ever play the game.

*" The success of both the Murray brothers has been down to a commitment to be the best and train like the best. I hope that these achievements will inspire the next generation of players to aspire to be the best they can be.*

*My advice to all our Delgado Tennis players is to maximise every minute they have with their coaches and ensure that they put 100% into every session they have"*





## Player of the Term

We'd like to congratulate Max Merlo on being Delgado Tennis "Player of the Term".

Max's coach Jack had this to say about Max;

"Max brings a fantastic attitude and energy to the session every time he steps on court".

Max's game has improved week by week this term. He is finishing his forehand and backhand all the way through to his shoulder on every shot and is getting great control on his shot.

From all the coaches here at Braywick we are super proud of all our players progress and their attitude this term.

Let's keep the great tennis up for next term!

## PLAYER PATHWAY



We have had questions about player pathway from a number of parents, so we want to outline the pathway very clearly.

### Hitters Program:

Mini hitters (Red ball) 4 – 6 years

Junior Hitters 1 (Red ball) 6 – 8 years

Junior Hitters 2 (Orange ball) 8 – 10years

Big Hitters (Yellow ball) 11 – 16 years

### Adults

On this program your child will move groups by age. If your child is advancing at a fast pace we move them to the next group slightly earlier. Furthermore, your child can move to a academy group at any time if the coaches think they are ready.

### Academy Program:

Mini Hitters Invitational (Red ball)

5 – 7 years

Junior hitters' invitational (orange ball)

6 – 10 years

Big Hitters Invitational (Yellow ball)

11 – 16 years

On this program your child will be in a squad with players of the same, high ability where they can challenge each other. The coaches pick who makes the invitational squads.

### Pro academy at Bisham:

If your child has advanced past our invitational squads then opportunities at Bisham abbey pro academy can be in talks if we feel they are the correct level.

Whether you're on track to be the next Andy Murray or you have just picked up a racket, the Delgado Tennis team will provide your child with the opportunity to belong to a team and we all players to experience competition.